

questions for your doctor

Cancer

Doctor appointments can often be overwhelming. To help create a smoother experience, use this handout to write down any questions or thoughts you may have for your next appointment ahead of time. The last page provides additional questions you may want to ask.

| Health Care Provider(s) Contact Information | | |
|---|---|---------------------------------------|
| Oncologist Name and Contact Information | Primary Care Provider Name and Contact Information | Nurse Name and Contact Information |
| | | |
| Side-Effects | | Medications |
| 1. | | 1. |
| 2. | | 2. |
| 3. | | 3. |
| 4. | | 4. |
| 5. | | 5. |
| Lifestyle Changes | | Stressors |
| 1. | | 1. |
| 2. | | 2. |
| 3. | | 3. |
| 4. | | 4. |
| 5. | | 5. |
| Thoughts, Feelings, Emotions | | |
| | | |

questions for your doctor

Cancer

Additional Questions to Ask

How do I reach you in case of an emergency, over a holiday, weekend, or night?

What kind of exercise can I participate in?

Are there any constraints on what I can do?

How often will I need blood work or scans?

How will I know if the treatment is working?

Do you have any mental health professional recommendations if I feel overwhelmed, distressed, or depressed?

What support groups or services are in my area?

Notes: