meijer specialty pharmacy | A HEALTHIER YOU

medication log

Cancer

We understand life is busy and memorizing your medication schedule may not be your first priority. To help you take charge of your health and stay organized, we've developed the chart below. Store this log in a visible location in your home for easy use. Be sure to bring it to your medical appointments to easily share with your provider. Consult with your pharmacist about any food or nutrient interactions you should be aware of.

Medication Name	Strength	Dosing Schedule	Time of Day	Shape	Color	Should be taken with or without food?	Avoid Grapefruit and related products?*	Notes

*Grapefruit related products include: grapefruit juice, Seville oranges, pomelos, and tangelos