

drug & nutrient interactions

Multiple Sclerosis - Symptom Relief Medications

Corticosteroids	
Food & Nutrient Interaction	Recommendation
Increases appetite	Talk with a registered dietitian about strategies to keep your weight in check.
Increases blood sugar	Talk with a registered dietitian about strategies to maintain healthy blood sugar levels. If you have diabetes, talk to your doctor about the right dosage of your diabetes medication.

OnabotulinumtoxinA (Botox®)	
Food & Nutrient Interaction	Recommendation
No known food or nutrient interactions	N/A

Modafinil (Provigil®)	
Food & Nutrient Interaction	Recommendation
May interact with alcohol	Avoid the use of alcohol while taking this drug
May interact with caffeine	Limit excessive caffeine intake (coffee, tea, soda, chocolate, energy drinks, etc.) while taking this drug
May interact with grapefruit juice and similar foods	Limit intake of grapefruit juice, grapefruit, tangelos, minneolas, pummelos, and Seville oranges.

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Dalfampridine (Ampyra®)

Food & Nutrient Interaction	Recommendation
No known food or nutrient interactions	N/A

Armodafinil (Nuvigil®)

Food & Nutrient Interaction	Recommendation
May interact with alcohol	Avoid the use of alcohol while taking this drug
May interact with caffeine	Limit excessive caffeine intake (coffee, tea, soda, chocolate, energy drinks, etc.) while taking this drug
May interact with grapefruit juice and similar foods	Limit intake of grapefruit juice, grapefruit, tangelos, minneolas, pummelos, and Seville oranges.

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Multiple Sclerosis - Disease Modifying Medications

Drug	Food & Nutrient Interaction	Recommendation
Copaxone®, Glatopa® (glatiramer acetate)	<ul style="list-style-type: none"> • May cause weight gain 	<ul style="list-style-type: none"> • Talk with a registered dietitian about strategies to keep your weight in check.
Ampyra® (dalfampridine)	<ul style="list-style-type: none"> • No known food and drug interactions 	<ul style="list-style-type: none"> • N/A
Avonex®, Refib® (interferon beta-1a)	<ul style="list-style-type: none"> • May interact with alcohol 	<ul style="list-style-type: none"> • Avoid the use of alcohol while taking this drug.
Betaseron®, Extavia® (interferon beta 1-b)	<ul style="list-style-type: none"> • May interact with alcohol 	<ul style="list-style-type: none"> • Avoid the use of alcohol while taking this drug.
Plegridy® (peginterferon beta-1a)	<ul style="list-style-type: none"> • May interact with alcohol 	<ul style="list-style-type: none"> • Avoid the use of alcohol while taking this drug.
Tecfidera® (dimethyl fumarate)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A
Gilenya® (fingolimod)	<ul style="list-style-type: none"> • May cause weight loss 	<ul style="list-style-type: none"> • Talk with a registered dietitian about strategies to maintain your weight and nutritional status.
Aubagio® (teriflunomide)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A
Lemtrada® (alemtuzumab)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A
Novantrone® (mitoxantrone)	<ul style="list-style-type: none"> • May cause loss of appetite • Adequate fluid intake needed due to high uric acid production 	<ul style="list-style-type: none"> • Talk with a registered dietitian about strategies to maintain your weight and nutritional status. • Drink plenty of fluids to increase uric acid excretion.
Tysabri® (natalizumab)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A
Ocrevus® (ocrelizumab)	<ul style="list-style-type: none"> • No known food or nutrient interactions 	<ul style="list-style-type: none"> • N/A